INTERNATIONAL STUDENT GUIDE

Welcome to Glendon

International Relations Office

FB Page: www.facebook.com/GlendonInternational/
international@glendon.yorku.ca
Welcome

Welcome to Glendon! Congratulations on your admission to York University and for making the decision to pursue your studies on our magnificent campus.

Glendon provides a beautiful natural setting and a safe environment that is as conducive to studying as it is to relaxing between classes. Located in midtown Toronto, our campus is only a short distance from downtown and many of the city’s vibrant neighbourhoods. Toronto is the fourth-largest urban centre in North America and the economic engine of Canada. It is also the most cosmopolitan city in the world, with 51% of its inhabitants born outside Canada. As a member of our university community, you will come into direct contact with this international diversity, rubbing shoulders with students from more than 140 countries.

At Glendon, you will be surrounded by professors specialized in bilingual education. You will also enjoy optimal conditions for a successful learning experience: lectures adapted to your level and needs; welcoming spaces; ongoing linguistic support; academic support services, and, most importantly, a dedicated team of caring professionals who will guide you through every step of your journey. During your time at Glendon, I encourage you to develop both your English- and French-language skills, and maybe even acquire a third language!

At Glendon, you are never treated as just a number. Studying on a small university campus offers numerous advantages, such as small class sizes, individual attention from professors, and incredible networking opportunities. As a York University campus and faculty, Glendon provides access to the resources of Canada’s third-largest university in a human-scale environment. I invite you to explore all the resources at your disposal, not only at Glendon but also on our Keele campus, at York International, and Student Services. Opportunity knocks!

We are pleased to welcome you and look forward to assisting you throughout your academic career at Glendon. We want to ensure your time in Toronto is rich and memorable. The International Relations Office, along with Student Services and York International, are committed to providing you with personalized support so that you arrive well prepared on campus. We are here to facilitate your introduction to Canada, teach you Canadian mores and customs, and help you settle into this country where you will be learning and growing over the next few years.

I wish you every success in your studies!
Congratulations and welcome! You have been accepted to York University - Glendon College. We are pleased to offer you support as you prepare to come to Canada, so you arrive on campus safely and well prepared.

This guide is divided into five steps to facilitate your transition, beginning with the offer of admission and ending with your successful integration on Glendon Campus.

**STEP 1**
WHERE DO I START?
- Applying for a visa and study permit / 5

**STEP 2**
PREPARING TO ARRIVE AT GLENDON
- Registering for Jumpstart, the International Student Orientation, and Frosh week / 7
- University calendar / 8
- Student email / 8
- Registering for courses / 9
- Language placement assessment / 9
- Housing / 10-11
- Medical insurance (UHIP) / 12
- Finances / 13
- Facebook groups / 15

**STEP 3**
BEFORE YOU LEAVE FOR CANADA
- Required documents / 17
- Climate and clothing / 17
- Other useful tips / 19

**STEP 4**
LIVING IN TORONTO
- Arriving on campus / 21
- Your YU-card (student card) / 22
- Jumpstart / 22
- Frosh week / 22
- International Student Orientation / 22
- Bank account / 22
- Transportation / 23
- Exploring Toronto / 23
- Working during your studies / 24

**STEP 5**
TIPS FOR SUCCESS
- Consult Academic Services and Financial Services / 26
- Visit the Office of Counselling Services / 26
- Use the Leslie Frost Library / 27
- Take advantage of the Salon francophone and get help from the Career Skills Centre / 26
- Consult Student Affairs Office, get involved in student life and make new friends / 29
- Consult the International Relations Office for help regarding questions related to your stay in Canada / 30
STEP 1
WHERE DO I START?

- Applying for a visa and study permit
WHERE DO I START?

APPLYING FOR A VISA AND STUDY PERMIT

A study permit authorizes you to study in Canada legally. International students will receive their Study Permits in the form of a paper document which will usually be attached into your passport at the Canadian port of entry.

If you are not a Canadian citizen or permanent resident of Canada and will be attending York University for more than 6 months, you must obtain a study permit from Citizenship and Immigration Canada (CIC).

If your program of study lasts six month or less in Canada, you do not need a study permit.

However, if you think you may study for a longer time, you should consider applying for one prior to your arrival because the process of initial study permit can be lengthy and complicated.

If your study permit application is approved, you will be issued a Letter of Introduction (see example below). You must present this letter to the border officer when you enter Canada, and your study permit will be printed and issued at the border.

A study permit does not authorize re-entry. Depending on your citizenship, you may require a Temporary Resident Visa (TRV) or eTA to enter and re-enter Canada. Please click here to find out whether you need to obtain a TRV or eTA.
STEP 2
PREPARING TO ARRIVE AT GLENDON

- Registering for Jumpstart, for the International Student Orientation and Frosh Week
- University calendar
- Student email
- Registering for courses
- Language placement assessment
- Housing
- Medical insurance (UHIP)
- Finances
- Facebook groups
PREPARING TO ARRIVE AT GLENDON

REGISTERING FOR JUMPSTART FOR THE INTERNATIONAL STUDENT ORIENTATION AND FROSH WEEK

JumpStart : From 28th to 31st August 2017

JumpStart is a one week summer program designed to help you start university on the right foot. Over the course of the week, you’ll discover some tips to adjust to the academic demands of university life, develop techniques for more effective study, and adapt to your new environment.

Please register here

International Student Orientation (Mandatory and Free): September 1st, 2017

This orientation is designed specifically for students from outside of Canada, both international and exchange students. Learn about the mandatory University Health Insurance Plan, international student services at the Glendon and Keele campuses, Canadian academic and socio-cultural norms, and the International Club.

Please register here

Frosh week : From 3rd to 11th September, 2017

Frosh Week is your biggest opportunity to get involved on campus, meet new people, visit the Keele Campus, and take part in student-run events, city-wide scavenger hunts, and more.

Registration link to come
UNIVERSITY CALENDAR

The university year is divided into three sessions:

- **FALL**
  From September to December

- **WINTER**
  From January to April

- **SPRING/SUMMER**
  From May to August

There is a one-week break during the winter session. For a list of important dates within each session, see the York University Calendar.

STUDENT EMAIL ACCOUNT

Before booking your enrolment appointment, you need to set up your Passport York account and student email address.

SETTING UP YOUR PASSPORT YORK ACCOUNT

- Go to mms.yorku.ca.
- Click “New Student Sign Up”
- **Follow the instructions** to create a username and password for your Passport York account. Google Apps (email, calendar, hard drive, documents) and FAS (lab connection) will be automatically activated. Your York email address will be **username@my.yorku.ca**.
- Please note your login information. You will need to use it when booking your enrolment appointment online.
REGISTERRING FOR COURSES

Booking your course enrolment appointment:

Once you have accepted your offer of admission, you may then book your enrolment/course selection appointment using your myFile account. One of our academic advisors will contact you to enrol you in your courses.

Confirming your registration:

To confirm your registration, you must submit a $300 deposit by the 15th day of the month following your date of registration.

For more information on the registration deposit, please visit the Student Financial Services website.

For information on how to pay your deposit, please see the section on how to pay from a bank outside of Canada on the paying your fees web page.

LANGUAGE PLACEMENT ASSESSMENT

Glendon uses an online tool to help us determine your level of French, English, or Spanish, and assign you to the appropriate language courses.

You must complete the assessment if:

- You are a new student at Glendon and/or you studied French, English, and/or Spanish elsewhere.
- You have completed FRLS or AP/FR courses and wish to take language courses at Glendon.
- You completed the Explore program and wish to skip a step (e.g. from FSL 1100 to FSL 2000).

This assessment is for diagnostic purposes only and is not an indication of students’ future success in the program.

Your academic advisor will give you access to the assessment once you register.
HOUSING

ON-CAMPUS HOUSING

Joining the 400 Glendon residents is a great way to take advantage of everything the university has to offer. Located in a magnificent natural setting, our Hilliard and Wood residence buildings are only a short distance from downtown Toronto. You’ll enjoy convenient access to classes, support networks, services, and campus activities.

Residence at Glendon is guaranteed to all first-year students provided they meet the June 1st application deadline. Please visit the Housing Services website for a list of residence rates.

Offers of residence will be sent out beginning in mid-June. If you do not receive an offer of residence by mid-July, please contact Housing Services. Late applications: Rooms are assigned on a first-come, first-served basis. However, you are encouraged to apply through the Housing Services website even after the June 1 deadline.

You are required to pay a room reservation deposit of $250, which will be applied to your student account. This deposit is non-refundable, except in the case where Housing Services withdraws its offer of residence. The room reservation deposit is not an additional fee. The $250 will be deducted from your total room fees, which will be charged to your student account once you confirm your acceptance of your residence room offer.

*Bed linens are not provided by Housing Services. Please bring your own linens or visit the Residence Linens website for a list of supplies available for delivery throughout York University (packages start at $259.95).

For more information, please visit the Student Housing Services website.
HOUSING

OFF-CAMPUS
Many students choose to live off-campus in an apartment or house in the city. Depending on your financial situation and personal preference, you may decide to live alone or with one or more roommates.

Tips for finding rent
You may wish to start looking in the area around the Lawrence and Don Mills intersection (one or two bus rides from Glendon). This is a popular neighbourhood with Glendon students due to its proximity to the campus and its affordability. You may also opt to live near a subway station. The closest subway station to Glendon is the Lawrence East Station on the Yonge-University subway line.

This map of Toronto can help you get acquainted with the features of each neighbourhood (Glendon is located in the North York region).

Understanding your rights and responsibilities
In Ontario, it is common practice to sign a 12-month lease when renting an apartment. You should consider whether this type of commitment will work with your schedule as an international student.

The Ontario Landlord and Tenant Board website contains useful information on your rights and responsibilities as a tenant in Ontario.

Although most landlords are honest people, some may attempt to take advantage of international students. You should take every precaution to avoid fraudulent landlords.

P.S: Glendon is not a part of the lease negotiation and is not responsible for any fraud cases.
MEDICAL INSURANCE (UHIP)

Once you arrive at residence or settle in your home off campus, you can print your UHIP card online.

UHIP provides you with medical coverage similar to that enjoyed by all permanent residents of Ontario. However, it is important to note that prescription drugs and routine dental care are not covered under UHIP.

- The cost of UHIP for one person is approximately $650 CAD per year. For more information on the costs, please visit the UHIP website. The cost of coverage will be billed directly to your student account.
- To find out what is covered under UHIP, please see the “your coverage” section of the UHIP website.

IMPORTANT

UHIP is mandatory for all international students, exchange students, applicants for Canadian residency, permanent residents in the Ontario Health Insurance Plan (OHIP) waiting period, and their eligible dependents. Your medical coverage begins once you are registered in an academic program and ends when you no longer meet the eligibility criteria.

Undergraduate students can acquire additional coverage for prescription drugs and dental care under the York Federation of Students (YFS) members plan. For more information please visit the YFS website.
FINANCES

In Toronto, you will pay 5% Goods and Services Tax (GST) and 8% sales tax on most consumer goods and services. Prices generally do not include tax.

You should budget approximately $15,000 CAD each year to cover the costs of housing, transportation, food, etc. Please visit our website for a breakdown of your potential costs as a student living in Toronto.

COSTS UPON YOUR ARRIVAL

Upon arriving in Toronto, you will need to cover a number of costs, including temporary housing, a rent deposit, transportation, books and supplies, etc. Plan to bring cash or a credit card to pay for these costs.

Once you have settled in Toronto, you should open a bank account as soon as possible. For information on how to open a bank account, please see the “Living in Toronto” section of this guide.

TUITION AND FEES

As an international student, you will need to pay:

- **Tuition fees**: To view the current year’s tuition fees, please see Tuition and Fees.

- **Mandatory medical insurance**: You will automatically be enrolled in the University Health Insurance Plan (UHIP) and a prescription drugs and dental plan through the York Federation of Students (YFS).

  UHIP is a mandatory Ontario Government plan that covers various medical expenses. For international students, the plan costs approximately **$650 CAD** per year. The YFS health and dental plan costs approximately **$250 CAD** per year (both amounts will be billed directly to your York account).

  *the amount varies slightly from year to year.

**METHOD OF PAYMENT**: If you wish to make a payment from a bank outside of Canada, you can do so in the currency of your choice using the Western Union Bank-to-Bank Transfer. Western Union will convert your payment to Canadian dollars.
Glendon's Manor:

Centre of Excellence for French-language and Bilingual Postsecondary Education in southern Ontario:
FACEBOOK GROUPS

The GL2021 Facebook group is the ideal platform for making new friends and finding information.

Remember to “like” the Glendon International Facebook page and join the Facebook group of the Glendon International Club. You’ll stay on top of events at Glendon and throughout Toronto, and learn about sociocultural activities organized by International Relations or Student Affairs.

Facebook Page: Glendon international
Facebook Group: Glendon International Club
Facebook Group: GL2021
Lion’s Den
STEP 3
BEFORE YOU LEAVE FOR CANADA - REMEMBER TO BRING

☐ Required documents
☐ Climate and clothing
☐ Other useful tips
BEFORE YOU LEAVE FOR CANADA - REMEMBER TO BRING

REQUIRED DOCUMENTS

As a general rule, you must have the following documents with you when you arrive at the airport in Canada:

- Letter of introduction from the Canadian Consulate: This is the letter you will have received from the visa office if you applied and were approved for a study permit. It is officially called the Port of Entry (POE) Letter
- A valid passport and temporary resident visa (TRV) / entry visa (if required)
- Your original letter of admission from York University
- Your original transcripts, diplomas, or school certificates
- Proof of availability of funds to cover estimated costs during your first year of study (e.g. bank statement)
- Your driver's license or international driver's license (If you plan to drive in Canada)
- A medical eligibility certificate (if required by the Canadian authorities in your country of origin)
CLIMATE AND CLOTHING

Winter temperatures can drop to -30°C, typically during January and February. Be prepared to dress warmly. Indoor temperatures are maintained at a comfortable level (approximately 20°C).

The following is a table of average seasonal temperatures in Toronto:

<table>
<thead>
<tr>
<th>Month</th>
<th>Sunshine (h/d)</th>
<th>Average T min (°C)</th>
<th>Average T max (°C)</th>
<th>Record T min (°C)</th>
<th>Record T max (°C)</th>
<th>Precipitation (mm)</th>
<th>Wet days</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>2</td>
<td>-8</td>
<td>0</td>
<td>-32</td>
<td>13</td>
<td>68</td>
<td>16</td>
</tr>
<tr>
<td>February</td>
<td>4</td>
<td>-8</td>
<td>0</td>
<td>-32</td>
<td>14</td>
<td>60</td>
<td>12</td>
</tr>
<tr>
<td>March</td>
<td>4</td>
<td>-4</td>
<td>4</td>
<td>-27</td>
<td>26</td>
<td>65</td>
<td>13</td>
</tr>
<tr>
<td>April</td>
<td>6</td>
<td>2</td>
<td>11</td>
<td>-15</td>
<td>33</td>
<td>63</td>
<td>12</td>
</tr>
<tr>
<td>May</td>
<td>7</td>
<td>8</td>
<td>18</td>
<td>-4</td>
<td>33</td>
<td>73</td>
<td>13</td>
</tr>
<tr>
<td>June</td>
<td>9</td>
<td>13</td>
<td>24</td>
<td>-2</td>
<td>37</td>
<td>68</td>
<td>11</td>
</tr>
<tr>
<td>July</td>
<td>9</td>
<td>16</td>
<td>27</td>
<td>4</td>
<td>40</td>
<td>73</td>
<td>10</td>
</tr>
<tr>
<td>August</td>
<td>8</td>
<td>15</td>
<td>26</td>
<td>4</td>
<td>40</td>
<td>68</td>
<td>9</td>
</tr>
<tr>
<td>September</td>
<td>7</td>
<td>12</td>
<td>22</td>
<td>-2</td>
<td>35</td>
<td>73</td>
<td>12</td>
</tr>
<tr>
<td>October</td>
<td>5</td>
<td>5</td>
<td>14</td>
<td>-9</td>
<td>30</td>
<td>60</td>
<td>11</td>
</tr>
<tr>
<td>November</td>
<td>3</td>
<td>0</td>
<td>7</td>
<td>-21</td>
<td>20</td>
<td>70</td>
<td>13</td>
</tr>
<tr>
<td>December</td>
<td>2</td>
<td>-5</td>
<td>2</td>
<td>-30</td>
<td>17</td>
<td>65</td>
<td>13</td>
</tr>
</tbody>
</table>

COST OF CLOTHING IN CANADA in CAD:

- Winter coat: $80-$400
- Winter boots: $75-$200
- Shoes: $35-$130
- Sweater: $60-$110
- Shirt: $40-$90
- Jeans/trousers: $50-$100
- Suit: $160-$360
- Dress: $80-$200
OTHER USEFUL TIPS

Expenses:

Upon arriving in Toronto, you will need to cover a number of costs, including temporary housing, a rent deposit, transportation, books and supplies, etc. Plan to bring cash or a credit card to pay for these costs.

You may also bring approximately $2,500 CAD in travellers cheques to cover your subsistence costs during the first month.

PLEASE NOTE: You will need to open a bank account as soon as possible upon your arrival. For information on how to open a Canadian bank account, please see the “Living in Toronto” section of this guide.

Electricity:

Electrical voltage in Canada is 110V, while the frequency is 60Hz.

Remember to bring adaptors for your electrical devices.
STEP 4
LIVING IN TORONTO

- Arriving on campus
- Your YU-card (student card)
- Jumpstart
- Frosh week
- International Student Orientation
- Bank account
- Transportation
- Exploring Toronto
- Working during your studies
LIVING TORONTO

ARRIVING ON CAMPUS

FROM THE AIRPORT

You have the option of using the Student Airport Welcome Service offered by York University - Glendon College. A Glendon representative will meet you at the airport terminal and drive you to your residence on campus or to another address in the Greater Toronto Area.

To make a reservation, simply complete and submit the form here: https://www.studentaws.ca/yorku. Payment may be made online by credit card. Upon payment, you will receive a confirmation email with detailed instructions.

By taxi:

Provide your taxi driver with Glendon’s address (2275 Bayview Avenue, at the corner of Bayview and Lawrence) as well as the name of your residence (Hilliard or Wood). The fare will cost approximately $60 CAD for a maximum of four people.

By bus ($3.25 CAD):

Take the 192 Airport Rocket bus to Kipling Station. Transfer to the subway and get off at Bloor-Yonge Station. Transfer again to the Yonge-University subway line, heading north. Get off at Lawrence Station and transfer to the 124 Eastbound bus. The Glendon stop will be announced as York University, Glendon Campus.

By the Union-Pearson Express ($12 CA + one $3.25 subway fare):

The UP Express is an airport express train that will take you to Union station, where you can catch the Yonge-University subway heading north. Get off at Lawrence East Station and transfer to the 124 Eastbound bus. The Glendon stop will be announced as York University, Glendon Campus.

FROM UNION STATION

By taxi:

The fare will cost approximately $30 CAD for a maximum of four people.

By subway ($3.25 CAD)

Take the Yonge-University subway line, heading north. Get off at Lawrence East Station and transfer to the 124 Eastbound bus. The Glendon stop will be announced as York University, Glendon Campus.
YOUR YU-CARD (STUDENT CARD)

Your YU-card is your official York University photo ID card. It also serves as your library card and ID card for exams, and grants you access to the Glendon-Keele Shuttle Service. The YU-card is free. However, lost cards will be subject to a $20 replacement charge. When you arrive, you will need to get your card at Academic Services in room C102, York Hall.

Jumpstart

Please visit our website for more information on JumpStart.

FROSH WEEK

Please visit our website for more information on Frosh Week.

INTERNATIONAL STUDENT ORIENTATION

Please visit our website for more information on the International Student Orientation.

BANK ACCOUNT

You will want to consider your method of money transfer into Canadian funds prior to your departure. A small amount of cash is probably the best option for small, immediate expenditures upon your arrival. To pay tuition and residence fees, visit this site for information on transfers: http://www.glendon.yorku.ca/student-financial-services/

Canada has five major banks, each with locations close to Glendon. You may want to check if your home bank has an affiliation with any of these banks:

- Royal Bank (RBC)
- Bank of Montreal (BMO)
- Canadian Imperial Bank of Commerce (CIBC)
- Toronto Dominion Bank (TD)
- Bank of Nova Scotia (Scotiabank)

You will likely want to open a bank account at one of these banks when you arrive in Toronto. You might want to consider obtaining an international credit card such as VISA or Master Card prior to your departure as they are widely accepted in Canada.
TRANSPORTATION

Bus
There is a bus stop at the main entrance to the campus. It is serviced by two bus routes: 124 and 11. If you wish to go downtown, take the 124 bus to Lawrence Station.

The number 11 bus will either take you north to Bayview Station and the Bayview Village Shopping Centre, or south to Davisville Station.

The cost of a single one-way fare is $3.25 (2016 rates).

The cost of a monthly student metropass is $112 (2016 rates). Note: To use a student metropass, you will need TTC photo ID which you can acquire at Sherbourne Station for $5.25 (cash only, 2016 rates).

A Toronto subway map can be found here: http://www.ttc.ca/Routes/General_Information/Maps/index.jsp

For more information on public transit, please visit http://www.ttc.ca/.

Taxis
To take a taxi, you can hail one on the street, call a cab company, or order a taxi through a downloadable mobile app. The cost of a taxi ride starts at $4.25, with $1.50 for each additional kilometre.

EXPLORING TORONTO

Toronto is Canada’s largest city and the capital of the province of Ontario. It is one of North America’s most popular destinations. Why not take the opportunity to visit a few attractions during your stay?

- The CN Tower
- Dundas Square
- Nathan Phillips Square
- Ripley’s Aquarium
- The Ontario Science Centre
- Le théâtre français de Toronto
- The Aga Khan Museum
- The Royal Ontario Museum (ROM)
- The Bata Shoe Museum
- The Textile Museum of Canada
- The Museum of Television
- The Art Gallery of Ontario (AGO)
- Casa Loma Castle
- Eaton Centre
- The Toronto Zoo
- St. Lawrence Market
- Kensington Market
- The Royal Conservatory of Music
- Spadina House
- MacKenzie House
- Fort York National Historic Site
- The Toronto Music Garden
- The Toronto Botanical Garden.

You can save money by purchasing a CityPASS, which gives you access to five attractions: the CN Tower, Casa Loma, the ROM, Ripley’s Aquarium, and the Toronto Zoo or Ontario Science Centre. You can buy the pass at: http://www.citypass.com/toronto
WORKING DURING YOUR STUDIES

Study permit holders in Canada may gain work experience by working off campus while completing their studies.

As of June 1, 2014, you may qualify to work off campus without a work permit. If you qualify, your study permit will allow you to:

- work up to 20 hours per week during regular academic sessions and
- work full-time during scheduled breaks, such as the winter and summer holidays or spring break.

To qualify, you must:

- have a valid study permit,
- be a full-time student,
- be enrolled at a designated learning institution at the post-secondary level
- be studying in an academic, vocational or professional training program that leads to a degree, diploma or certificate that is at least six months in duration.

You must stop working on the day you no longer meet the above eligibility requirements (e.g., if you are no longer a full-time student during an academic session.)

SOCIAL INSURANCE NUMBER

A Social Insurance Number is a nine-digit number that you need to work in Canada or to have access to government programs and benefits. It allows an employer to process payroll while informing the Canadian Revenue Agency of the amount of money a person earns.

EXTENDING YOUR STUDY PERMIT

You may apply to extend your study permit through the mail or online. We strongly urge you to submit your application 60 to 90 days prior to your permit’s expiry date. You must supply proof of your status at York University and in Canada, as well as proof that you have the necessary funds to cover your annual costs as a student (approximately $25,000).

For more information, please visit the Citizenship and Immigration Canada website. To learn more about the temporary resident visa click here.

Students must stay in Canada until their application to extend their study permit has been approved. Once you have applied to extend your study permit, you will be considered to have “implied status” while awaiting the final decision.

Please note that Citizenship and Immigration Canada will not extend your study permit beyond your passport’s expiry date.
STEP 5
TIPS FOR SUCCESS

- Consult Academic Services and Financial Services
- Visit the Office of Counselling Services
- Use Leslie Frost Library
- Take advantage of the Salon francophone and get help from the Career Skills Centre
- Consult Student Affairs Office, get involved in student life and make new friends
- Consult the International Relations Office for help regarding questions related to your stay in Canada
TIPS FOR SUCCESS

CONSULT ACADEMIC SERVICES AND FINANCIAL SERVICES

ACADEMIC SERVICES
Once you have arrived at Glendon, feel free to contact Academic Services with any questions related to your student records, including your registration, student card, proof of enrolment, grades, degree requirements, or course selection.

Website: Academic Services

STUDENT FINANCIAL SERVICES
If you have questions related to your financial profile, including tuition payments, scholarships, financial aid, or tax forms, please do not hesitate to contact Student Financial Services.

Website: Financial Services

VISIT THE ACCESSIBILITY, WELL-BEING AND COUNSELLING CENTRE

If you are experiencing personal problems, live with a physical or mental disability, or require career counselling, Glendon Counselling Services offers a variety of resources. Experienced counsellors are available to assist students throughout their time at Glendon.

Any and all information you share with your counsellor will remain strictly confidential and will not be disclosed to any third party without your duly signed authorization.

Counselling sessions may be booked by contacting Counselling Services in person or over the phone.

Website: The Accessibility, Well-Being and Counselling Centre
Individual desks and computer workstations provide quiet study spaces and give students access to all the resources they need to succeed in their classes.

As a Glendon student, you also have full access to services at the four libraries on York’s Keele Campus, which contain the third largest collection of documents in Canada.

If you need a book that is located at one of the Keele libraries, you can request that it be delivered to Glendon.

Website: www.library.yorku.ca

USE LESLIE FROST LIBRARY

Leslie Frost Library houses a remarkable collection of more than 300,000 documents in French, English, and Spanish, including a vast assortment of electronic resources.
TAKE ADVANTAGE OF THE SALON FRANCOPHONE AND GET HELP FROM THE CAREER SKILLS CENTRE

SALON FRANCOPHONE

If you would like to learn French or improve your French-language skills, the Salon Francophone is a positive environment open to all, where students can practice their conversation skills with language monitors and take part in weekly Francophone activities.

Location: Room B111, Breezway.

Website: Salon Francophone

CAREER SKILLS CENTRE

Le centre de rédaction offre des rendez-vous individuels pour aider à la rédaction,

Glendon Writing Centre offers individual appointments, online resources, workshops and classroom presentations in both English and French to all students – undergraduate and graduate alike – from all York faculties and departments.

Our goal is to help students develop strategies and writing skills that will enable them to:

- Understand academic writing expectations
- Develop argumentation and citation skills
- Build critical thinking abilities
- Master the language of their choice

Website: Career Skills Centre

Location: York Hall A118

Contact: skillscareer@glendon.yorku.ca
CONSULT STUDENT AFFAIRS OFFICE, GET INVOLVED IN STUDENT LIFE AND MAKE NEW FRIENDS

There are many ways to participate in student life. Here are a few tips to get you started:

- Join a club.
- Take part in events hosted by the Government, Institutional and International Relations Office or by the Office of Student Affairs.
- Join the #GL2021 Facebook group.
- Take part in social and cultural activities.
CONSULT THE INTERNATIONAL RELATIONS OFFICE FOR HELP REGARDING QUESTIONS RELATED TO YOUR STAY IN CANADA

Do not hesitate to consult the International Relations Office if you have questions.
We are committed to providing you with personalized support to facilitate your introduction to Glendon Campus and to Canada.

### CALENDAR

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jump Start</td>
<td>Jump Start</td>
<td>Jump Start</td>
<td>International Student Orientation</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Classes start</td>
</tr>
<tr>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
<td>Frosh Week</td>
</tr>
</tbody>
</table>
Check-list:

☐ I have selected my courses for the year

☐ I have created my Passport York account and paid for my tuition and insurance

☐ I have registered for JumpStart, Frosh, and the International Student Orientation.

☐ I have signed my residence occupancy agreement and paid the fees

☐ I have received my York University student card (YU-card)

☐ I have opened a student bank account

☐ I have purchased my TTC ID card (Toronto public transit): You will need this card to purchase a discounted monthly student metropass. You can acquire it at Sherbourne Station.

☐ I have received my Social Insurance Number: Mandatory for working in Canada.

☐ I have created my Student Financial Profile (SFP) on the York portal: This online application form is used to apply for scholarships, bursaries, and on-campus employment programs

☐ I have received my International Student Identity Card (ISIC): This optional card is free and gives you access to discounts and special offers.
Contact list:

International Relations Office
York Hall, A203
Tel: 416-487-6802
Email: international@glendon.yorku.ca
Website Glendon International Relations: http://www.glendon.yorku.ca/relations-internationales/

Exchange Program
York Wing, C112
Tel: 416-487-6716
Fax: 416-487-6779
Email: nlefebvre@glendon.yorku.ca

Student Affairs
York Wing, C112
Tel: 416-487-6716
Fax: 416-487-6779
Email: affairesetudiantes@glendon.yorku.ca

Academic Services
York Wing, C102
Tel: 416-487-6856
Fax: 416-487-6813
Email: dearadvisor@glendon.yorku.ca

Financial Services
York Wing, C138
Tel: 416-487-6701
Fax: 416-487-6813
Email: finance@glendon.yorku.ca

The Accessibility, Well-Being and Counselling Centre
Glendon Manor
Tel: 416-487-6709
Email: counselling@glendon.yorku.ca

Housing Services
Pavillon des serres (Next to the Green House)
Tel: 416-487-6844
Fax: 416-487-6838
Email: glendon@yorku.ca

York International
200 York Lanes (Campus Keele)
Tel: 416-736-5177
Email: yiinfo@yorku.ca
Useful Links:

Website Glendon International Relations: http://www.glendon.yorku.ca/relations-internationales/
Website York international: http://yorkinternational.yorku.ca/

Social Network:

Facebook Page: Glendon international
Facebook Group: Glendon International Club
Facebook Group: GL2021