



HEALTH

At Glendon, you automatically enroll in two health insurances – one mandatory and one non-mandatory.

Mandatory medical insurance

For non-Canadian students: Students must subscribe to the **University Health Insurance Plan (UHIP)**, a mandatory medical insurance plan for all students. This subscription is automatic, and students are covered as soon as they arrive at Glendon. We recommend that students check their medical insurance coverage on the [UHIP](#) website. The fees are approximately \$636 per year.

For Canadian students: you will be able to benefit from the Ontario Health Insurance Plan (OHIP) but only after a waiting period of 3 months after your date of arrival in Canada.

- For the first three months: subscribe to the **University Health Insurance Plan, UHIP**, (\$53 per month), or to a Canadian private insurance (*Blue Cross, Manulife, ...*).
- Upon your arrival in Canada: please go to [Service Ontario \(see all information online\)](#) to register for OHIP with all the documents described below:
 - The original lease of the housing (obtain it from the Housing Department upon arrival)
 - Your Canadian passport
 - A credit card (Visa, Mastercard with your name and signature)
 - Your flight ticket proving your date of arrival in Canada so that the 3-month period can start as soon as you arrive in Canada.

Additional health insurance – YFS (York Federation of Students)

York University offers an affordable health supplement (health and dental) that costs \$260 per year (*these amounts are not final and are subject to change*). You are automatically enrolled. However, this insurance is not mandatory. As a result, you can opt out if you have another health coverage. For more information, please click [here](#).

For more information, please contact Nadège Lefebvre at nlefebvre@glendon.yorku.ca, Office YH C112.